

Date: 07-01-2021

Health Bulletin

Time: 06:00 PM



कोरोना वैक्सीन के आने के बाद कुछ महत्वपूर्ण सवाल हैं, उनके उत्तर प्रत्येक दिन क्रमवार दिये जा रहे हैं..

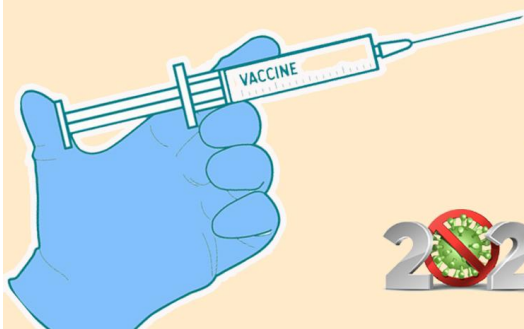


प्रश्न: क्या कोरोना वैक्सीन सुरक्षित है क्योंकि इसे कम समय में बनाया गया है ?

उत्तर: सुरक्षा और प्रभाव के डेटा की जांच के आधार पर मंजूरी के बाद ही नियामक निकायों द्वारा कोरोना वैक्सीन लगाई जायेगी

प्रश्न: क्या कोरोना वैक्सीन लेना अनिवार्य है ?

उत्तर: कोरोना की रोकथाम के लिये वैक्सीनेशन स्वेच्छिक है.....हालांकि स्वयं की सुरक्षा और बीमारी के प्रसार को सीमित करने के लिये कोरोना वैक्सीन की पूरी खुराक आवश्यक है



साबुन से हाथ धोयें
या सैनेटाइजर का
प्रयोग करें



दवाई भी.. कड़ाई भी

जिन्दगी जीतेगी, कोविड हारेगा..



Positive Today: **249**



Recovered Today: **439**



Death Today: **06**



Active Cases: **3309**

S⁺ty

Sample Positivity: **4.97%**

R%

Recovery Percentage: **93.42%**

- Total cumulative Positive COVID-19 detected: **92842**
- Total Number (%) of COVID-19 Patients Treated/ Cured: **86737 (93.42%)**
- Total Number (%) of COVID-19 patients migrated out of state: **1241 (1.34%)**
- Total Number (%) of COVID-19 Deaths: **1555 (1.67%)**
- Number of samples found negative for COVID-19 today: **10549**
- Total number of samples sent for COVID-19 testing today: **11374**
- Total number of cumulative samples found negative: **1774586**
- Total number of samples result awaited: **12064**

Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	159	88	77933	13	3114	81047	171
Bageshwar	103	335	49228	2	1515	50743	112
Chamoli	333	344	80087	7	3408	83495	335
Champawat	323	598	85404	2	1781	87185	329
Dehradun	2728	1907	306525	90	27967	334492	3040
Haridwar	2221	1999	305152	28	13570	318722	2392
Nainital	1511	1289	165453	53	11793	177246	1522
Pauri Garhwal	505	349	121694	15	5058	126752	560
Pithoragarh	178	429	64612	13	3278	67890	180
Rudraprayag	150	204	47486	2	2229	49715	151
Tehri Garhwal	529	471	92514	0	4164	96678	546
US Nagar	2320	2119	274434	19	11225	285659	2361
Uttarkashi	314	417	104064	5	3740	107804	365
Total	11374	10549	1774586	249	92842	1867428	12064

Details of Districts having Positive COVID-19 Cases

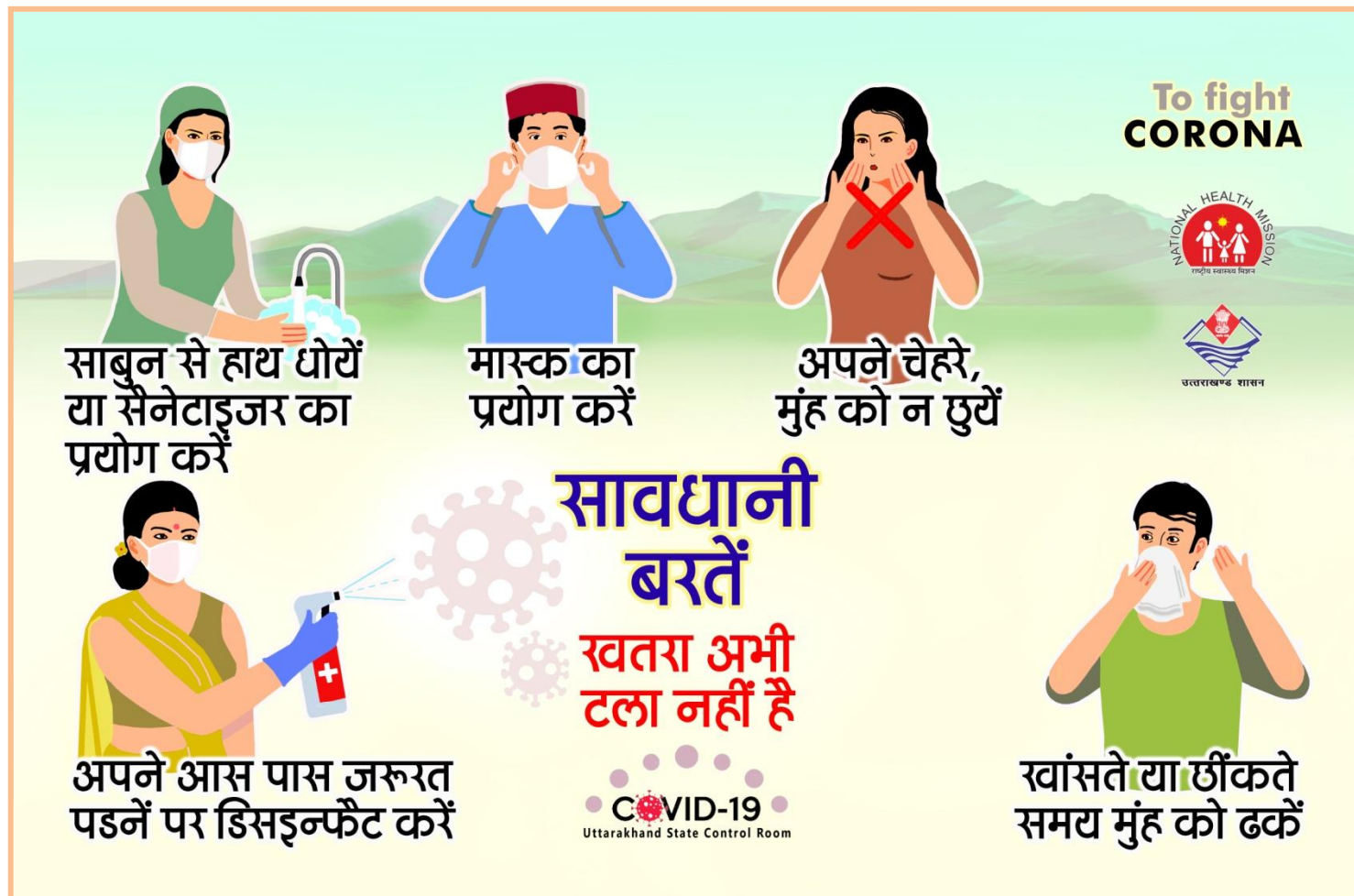
Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated
Almora	3114	2833	153	26	102
Bageshwar	1515	1350	147	18	0
Chamoli	3408	3222	104	15	67
Champawat	1781	1628	71	8	74
Dehradun	27967	25763	917	870	417
Haridwar	13570	12956	334	149	131
Nainital	11793	10766	752	213	62
Pauri Garhwal	5058	4859	118	57	24
Pithoragarh	3278	3041	193	44	0
Rudraprayag	2229	2152	61	10	6
Tehri Garhwal	4164	3831	175	16	142
U.S. Nagar	11225	10879	119	112	115
Uttarkashi	3740	3457	165	17	101
Total	92842	86737	3309	1555	1241

District-wise Hotspots/ Containment Zones

S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	03	<u>Dehradun (02)</u> 1. 1056 Indra Nagar, Kanwali , Near Seemadwar (02-12-2020) 2. 11 GMS Road (01-01-2021) <u>Mussorrie (01)</u> 1- Kempty Road (28-12-2020)
2	Uttarkashi	07	<u>Mori (4)</u> 1. Motard (11-12-2020) 2. Raju Gaon (17-12-2020) 3. Gram Rasti (01-01-2021) 4. Ramalgaon (01-01-2021) <u>Bhatwari (2)</u> 1. Gram Malla (13-12-2020) 2. Gram Gyanja (16-12-2020) <u>Barkot (1)</u> 1. Gram Badhiya (21-12-2020)
3	Pauri	01	<u>Kotdwar (1)</u> 1. Sitabpur, Devi Road, Patti Sukhro (14-12-2020)
	Total	11	



Disinfection



Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19 test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Details of Patients Treated & Cured and Death summary:

- **Treated & Cured:** Four Hundred Thirty Nine (439) patients discharged in different districts (Almora– 00, Bageshwar– 00, Chamoli– 11, Champawat– 02, Dehradun– 215, Haridwar– 16, Nainital– 110, Pauri– 13, Pithoragarh– 00, Rudrapur– 06, Tehri– 18, U.S. Nagar– 22 & Uttarkashi– 26).
- **Death:** Six (06) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
 1. A 68 year old Female expired in AIIMS Rishikesh, Dehradun due to Severe COVID Pneumonia, Acute Respiratory Distress Syndrome, Sepsis & Refractory Septic Shock.
 2. A 59 year old Male expired from AIIMS Rishikesh, dehradun due to Acute Respiratory Distress Syndrome & Severe COVID Pneumonia.
 3. A 74 year old Male expired in Himalayan Hospital, Dehradun due to COVID Pneumonitis, Septic Shock, Severe Metabolic Acidosis, Acute Kidney Injury & Atrial Fibrillation.
 4. A 71 year old Female expired in Shri Mahant Indiresht Hospital, Dehradun due to Cardiopulmonary Arrest, Sepsis, Acute Respiratory Distress Syndrome & Pneumonia.
 5. A 72 year old Male expired from District Hospital, Pithoragarh due to Acute Respiratory Distress Syndrome & COVID Pneumonia.
 6. A 55 year old Male expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani due to Sudden Cardiopulmonary Arrest, Bilateral Pneumonitis, Severe Acute Respiratory Infections & Shock.



SOCIAL DISTANCING
is for your own Safety

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

कोरोना काल के इस दौर में
इनका विशेष
ध्यान रखें..



जो पहले से ही किसी
बीमारी से ग्रस्त हैं



वर्षिष्ठ नागरिक
60 वर्ष से पर



छोटे बच्चे
10 वर्ष तक



गर्भवती स्त्री



कोरोना वैक्सीन के आने के बाद कुछ महत्वपूर्ण सवाल हैं और उनके उत्तर भी क्रमवार दिये जा रहे हैं..



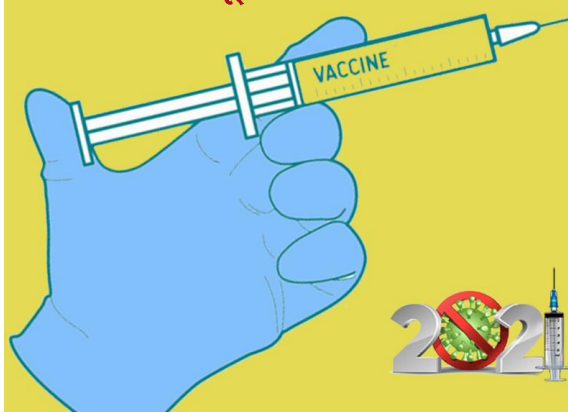
प्रश्न: क्या कोरोना वैक्सीन सभी को एक साथ दी जायेगी ?

उत्तर: सरकार ने उच्च जोखिम वाले समूहों को प्राथमिकता पर वैक्सीनेशन के लिये चिन्हित किया है

पहले समूह में – हेल्थकेयर और फन्टलाइन वर्कर

दूसरे समूह में – 50 वर्ष से अधिक उम्र के व्यक्ति तथा वे लोग जो पहले से ही किसी रोग से ग्रसित हैं

तीसरे समूह में – सभी जरूरतमन्दों को वैक्सीन उपलब्ध कराया जायेगा



मास्क का प्रयोग करें



साबुन से हाथ धोयें या सैनेटाइजर का प्रयोग करें



6 FEET परस्पर दूरी है जरूरी



दवाई भी.. कड़ाई भी

जिन्दगी जीतेगी, कोविड हारेगा..



Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500.

email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875, 05962-237874
Bageshwar	05963-221822, 05963-220197
Chamoli	01372-251437
Champawat	05965-230943
Dehradun	0135-2724506
Haridwar	01334-239072
Paurigarhwal	01368-221840
Pithoragarh	05964-226326
Nainital	05942- 231178, 231179, 231181, 05946- 281234
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222722, 7310913129



**कोविड-19 परीक्षण रिपोर्ट को घर बैठे
वेब लिंक के द्वारा प्राप्त करें**
covid19.uk.gov.in

परीक्षण के समय आपके रजिस्टर्ड मोबाईल नम्बर पर
एस. एम. एस के द्वारा **SRF ID** नम्बर भेजा जाता है
जिसको उपरोक्त लिंक पर जाकर दर्ज करने पर
रिपोर्ट डाउनलोड की जा सकती है

